

RISORSA SANGUE

ELEMENTI DI PBM

Moderatori: Marco Pavesi, Luciana Minieri

- 11.30 - 12.00 I costi trasfusionali e i dati da monitorare. [Luca Santoleri](#)
- 12.00 - 12.30 Appropriatezza trasfusionale e risparmio sangue: il razionale e gli strumenti. [Giovanni Albano](#)
- 12.30 - 13.00 Il concetto di prevedibilità trasfusionale. [Marco Pavesi](#)
- 13.00 - 13.30 Discussione

Giovanni Albano

**Responsabile Dipartimento di Anestesia e Rianimazione
Humanitas Gavazzeni
Bergamo**

**Essere appropriati
per essere sicuri**



**16-17
Dicembre
2022**

MILANO, PALAZZO STELLINE

ORTHOPEA 2022



EDUCATIONAL OBJECTIVE: Readers will consider a conservative strategy for blood transfusion rather than a more liberal one

MOISES AURON, MD, FAAP, FACP, SFHM

Department of Hospital Medicine and Department of Pediatric Hospital Medicine, Cleveland Clinic; Associate Professor of Medicine and Pediatrics, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, Cleveland, OH

MARINA Y. DURAN CASTILLO, MD, FACP

Staff Physician, Department of Pulmonary and Critical Care, MetroHealth Medical Center, Cleveland, OH

AJAY KUMAR, MD, MRCP, FACP, SFHM

Chief, Department of Medicine, Hartford Hospital, Hartford, CT

Parsimonious blood use and lower transfusion triggers: What is the evidence?

Hemoglobin is essential for tissue oxygenation, but the serum hemoglobin concentration is just one of several factors involved.¹⁻⁵ In anemia, the body can adapt not only by increasing production of red blood cells, but also by:

- Increasing cardiac output
- Increasing synthesis of 2,3-diphosphoglycerate (2,3-DPG), with a consequent shift in the oxyhemoglobin dissociation curve to the right, allowing enhanced release of oxygen at the tissue level
- Moving more carbon dioxide into the blood (the Bohr effect), which decreases pH and also shifts the dissociation curve to the right.

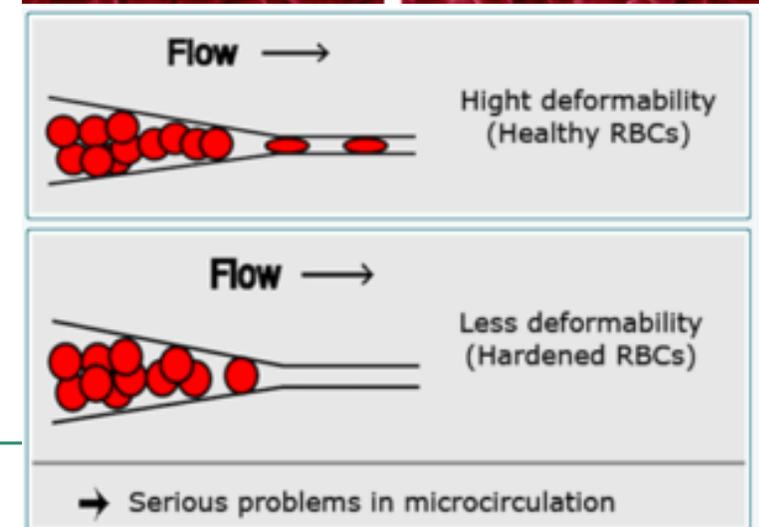
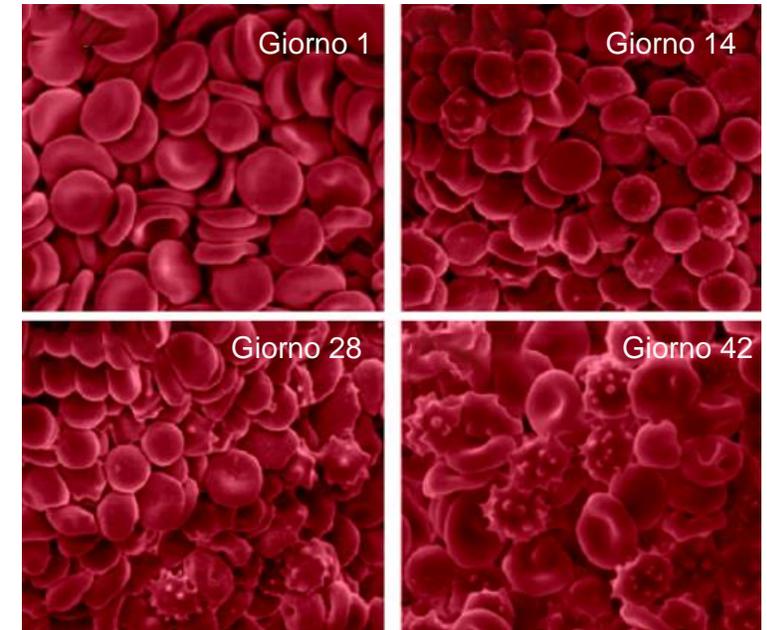
La deformabilità è un parametro critico per il delivery di ossigeno

Significato clinico

→ I globuli rossi devono essere in grado di deformarsi continuamente mentre attraversano le reti di capillari

→ La mancata sostenibilità della deformabilità si traduce in un accorciamento della durata della vita dei globuli rossi, ovvero anemia emolitica

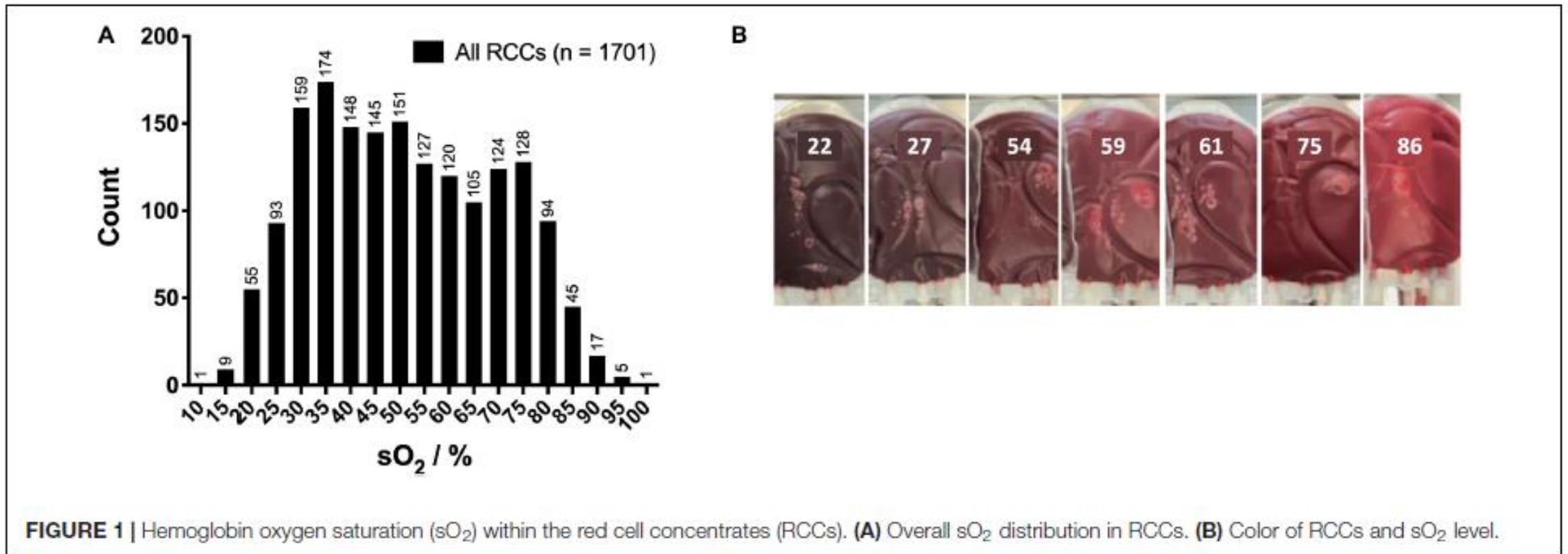
→ La conservazione ipotermica dei globuli rossi comporta un progressivo deterioramento delle proprietà reologiche delle cellule, che può ridurre l'efficacia delle trasfusioni di globuli rossi



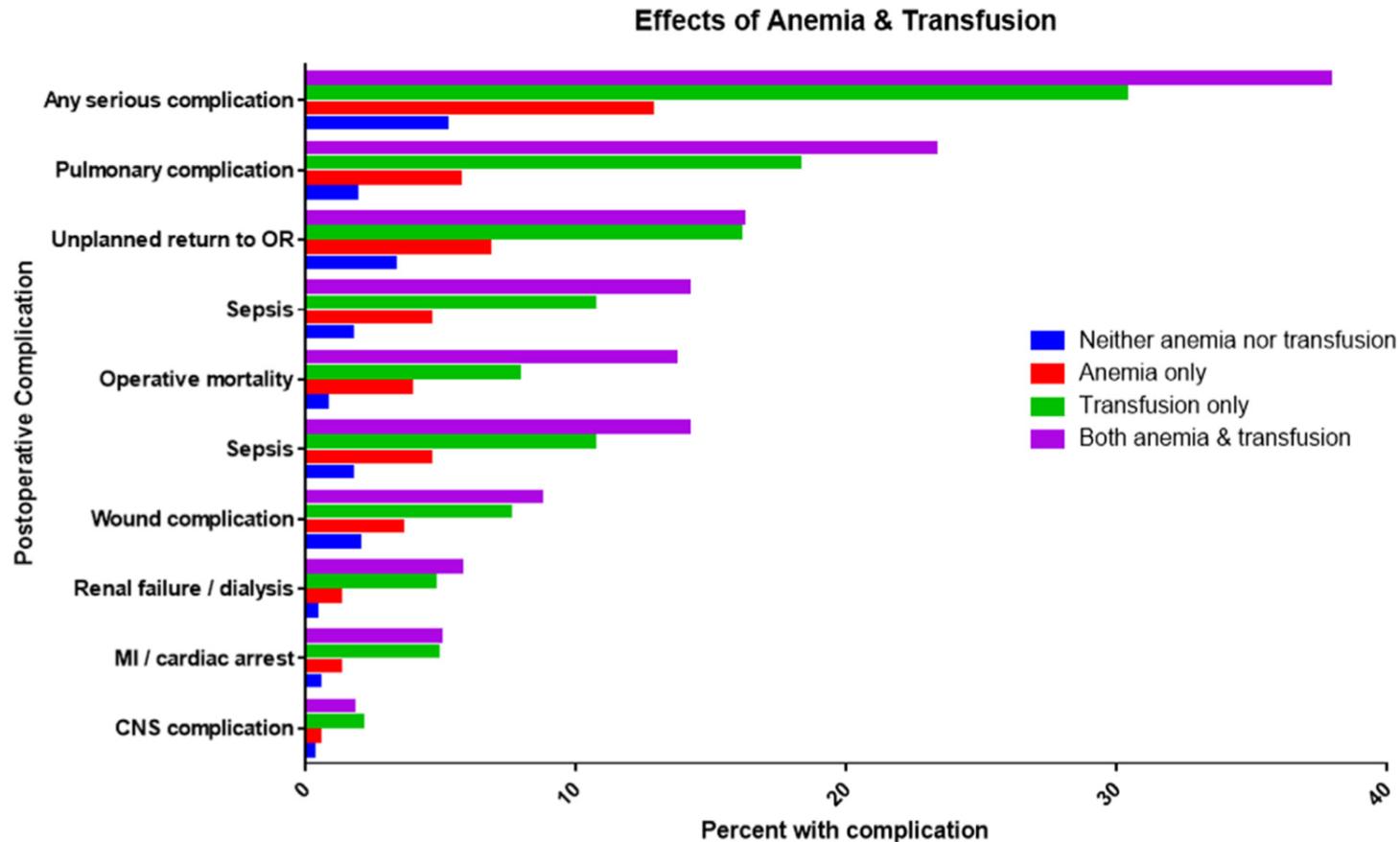


Oxygen in Red Blood Cell Concentrates: Influence of Donors' Characteristics and Blood Processing

Manon Bardyn¹, Agathe Martin², Nora Dögnitz³, Mélanie Abonnenc^{1,2}, Andrew Dunham⁴, Tatsuro Yoshida⁴ and Michel Prudent^{1,5*}



COMPLICANZE NON INFETTIVE DELLA TRASFUSIONE DI GLOBULI ROSSI



P. Tibi et al. / Journal of Cardiothoracic and Vascular Anesthesia 35 (2021) 2569–2591

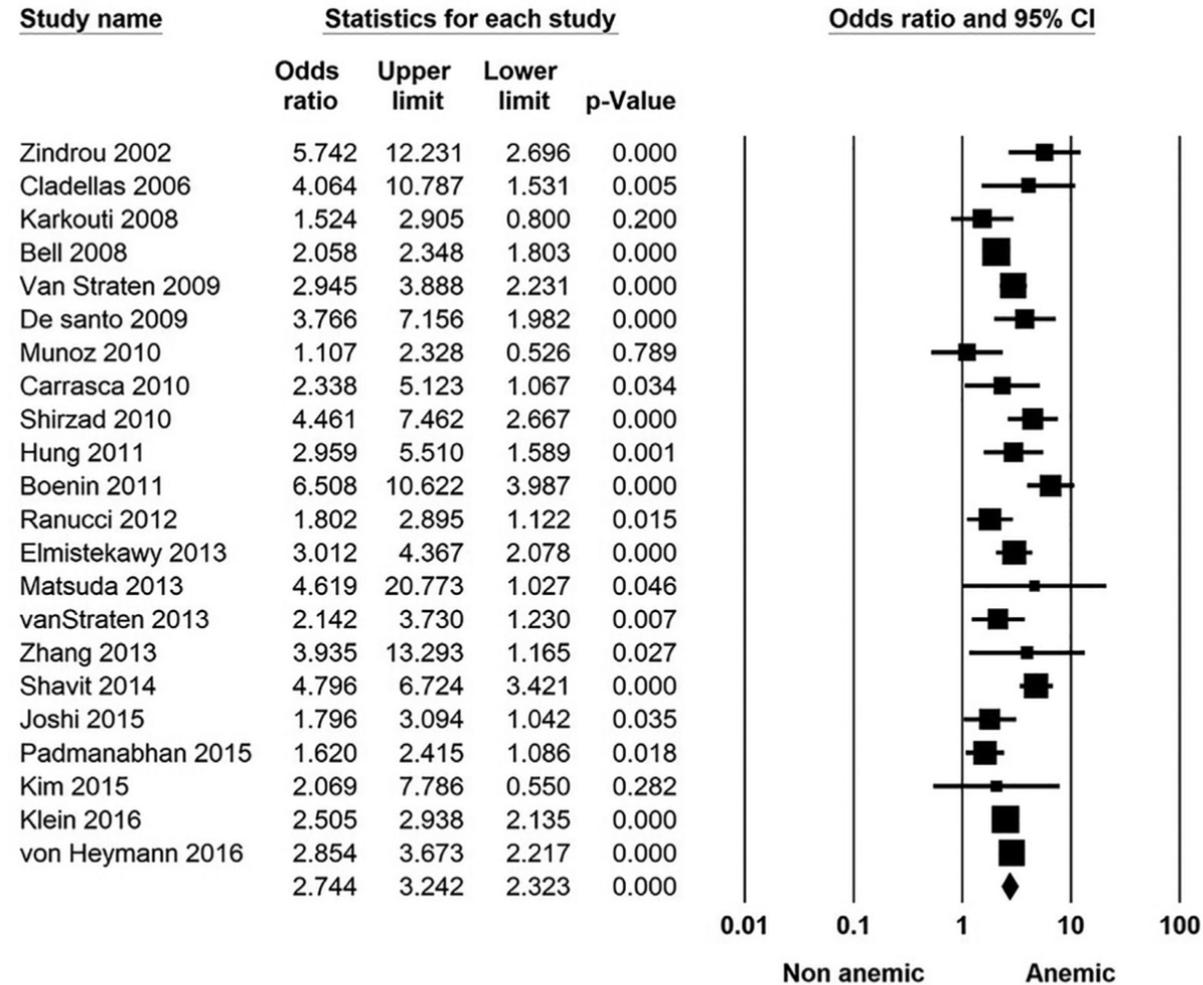
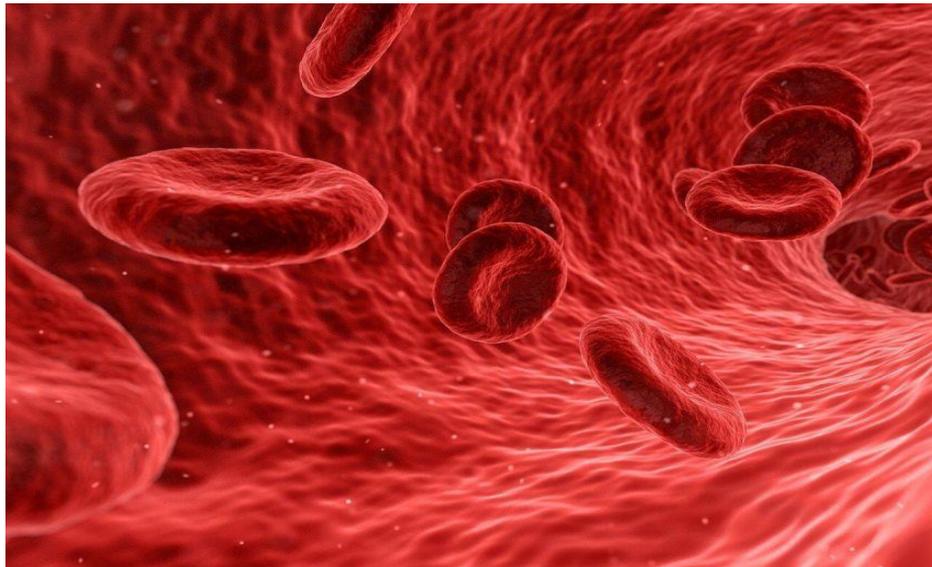
Mortalità in ospedale e a 30 giorni

Preoperative Anemia and Outcomes in Cardiovascular Surgery: Systematic Review and Meta-Analysis



Hari Padmanabhan, MRCP, Keith Siau, MRCP, Jason Curtis, PGDipIM, MCLIP, Alex Ng, FRCA, Shyam Menon, MD, FRCP, Heyman Luckraz, FRCS, and Matthew J. Brookes, PhD

Department of Gastroenterology, Heart & Lung Centre, Wolverhampton, United Kingdom; Shrewsbury Health Library, Royal Shrewsbury Hospital, Shrewsbury, United Kingdom; Department of Cardiothoracic Anaesthesiology, Heart & Lung Centre, Wolverhampton, United Kingdom; and Cardiothoracic Surgery Department, Heart Centre, American Hospital Dubai, Oud Metha, Dubai, United Arab Emirates

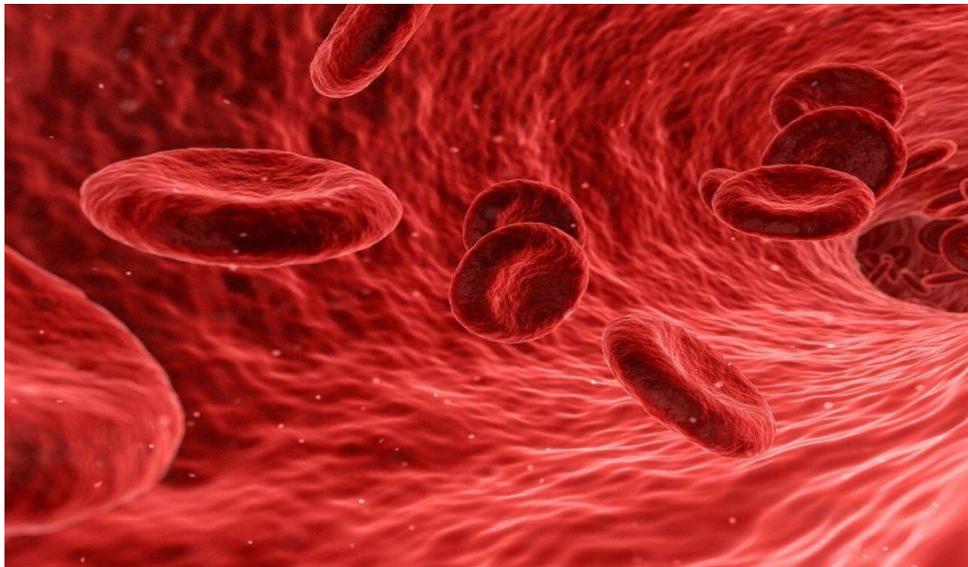


Preoperative Anemia and Outcomes in Cardiovascular Surgery: Systematic Review and Meta-Analysis

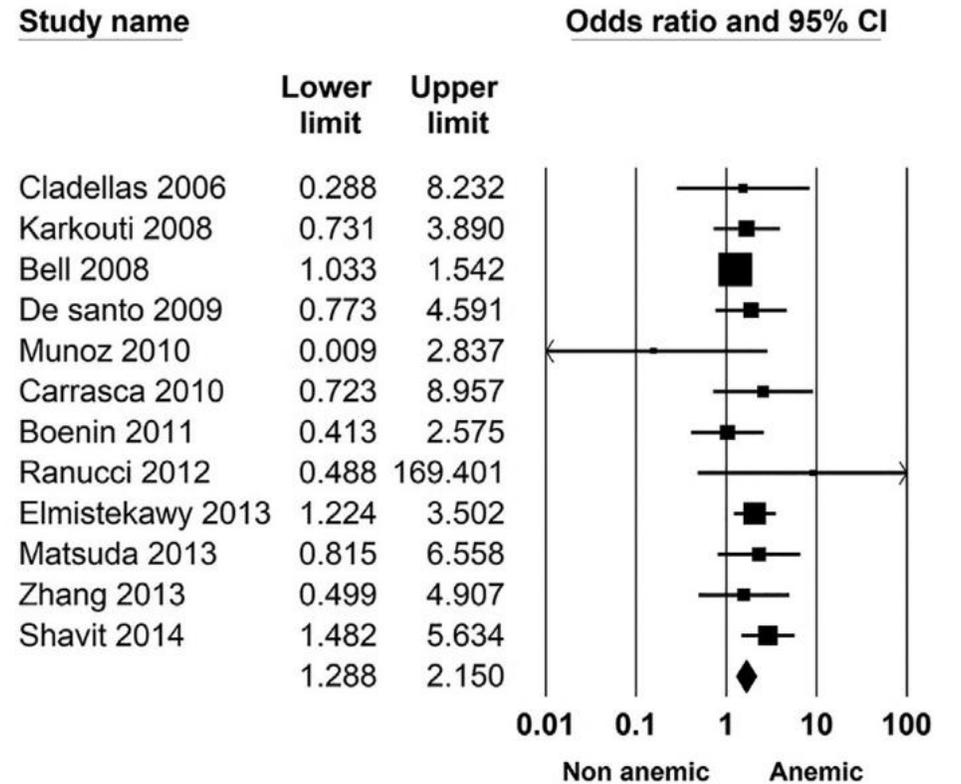


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stroke

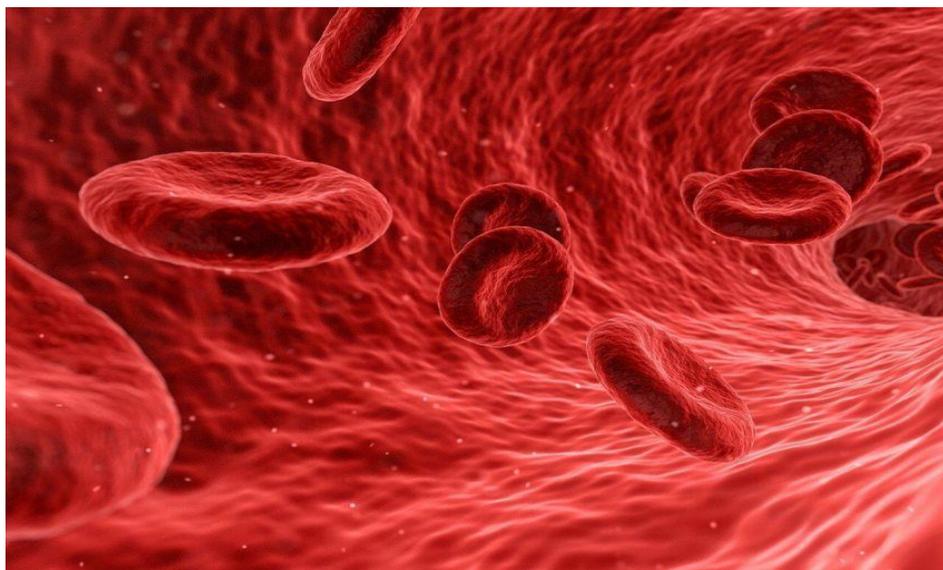


Preoperative Anemia and Outcomes in Cardiovascular Surgery: Systematic Review and Meta-Analysis



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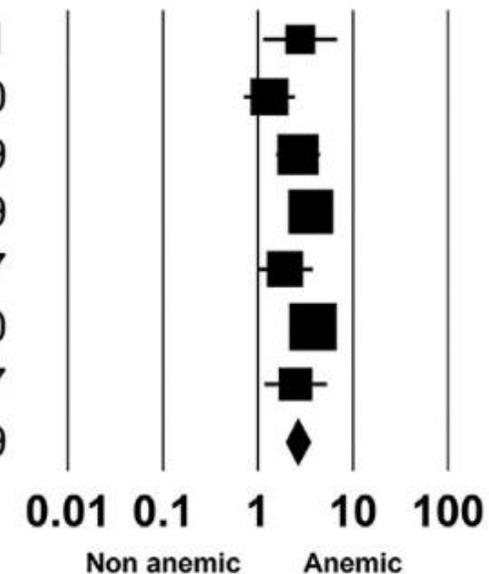
infezioni

Study name

Odds ratio **Lower limit** **Upper limit**

Cladellas 2006	2.793	1.161	6.721
Munoz 2010	1.322	0.722	2.420
Shirzad 2010	2.653	1.575	4.469
Boenin 2011	3.612	2.368	5.509
Ranucci 2012	1.917	0.986	3.727
Shavit 2014	3.800	2.616	5.520
Kim 2015	2.494	1.181	5.267
	2.652	1.982	3.549

Odds ratio and 95% CI



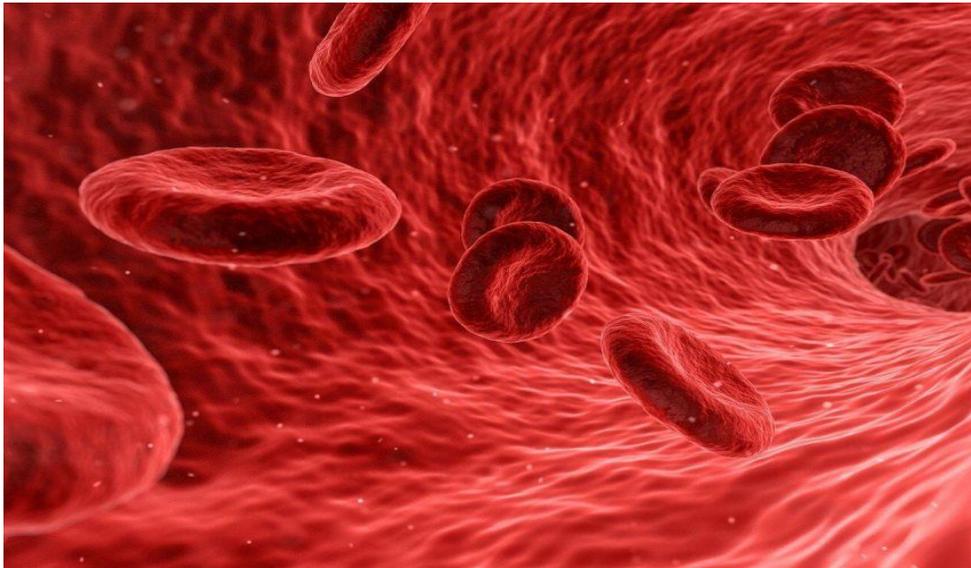
danno renale acuto

Preoperative Anemia and Outcomes in Cardiovascular Surgery: Systematic Review and Meta-Analysis



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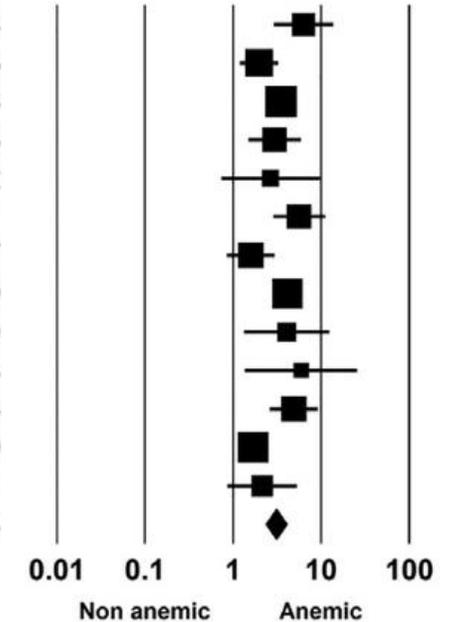


Study name

Odds ratio Lower limit Upper limit

Study name	Odds ratio	Lower limit	Upper limit
Cladellas 2006	6.318	2.938	13.588
Karkouti 2008	1.978	1.209	3.235
Bell 2008	3.508	2.899	4.246
De santo 2009	2.963	1.514	5.796
Munoz 2010	2.662	0.742	9.542
Boenin 2011	5.637	2.894	10.981
Ranucci 2012	1.597	0.869	2.937
Elmistekawy 2013	4.155	2.956	5.839
Matsuda 2013	4.076	1.357	12.240
Zhang 2013	5.929	1.381	25.448
Shavit 2014	4.913	2.645	9.126
Padmanabhan 2015	1.683	1.283	2.209
Kim 2015	2.146	0.876	5.261
Overall	3.129	2.374	4.123

Odds ratio and 95% CI



■ NARRATIVE REVIEW ARTICLE

Perioperative Quality Initiative and Enhanced Recovery After Surgery-Cardiac Society Consensus Statement on the Management of Preoperative Anemia and Iron Deficiency in Adult Cardiac Surgery Patients

Nicole R. Guinn, MD,* Jonathon Schwartz, MD,† Rakesh C. Arora, MD, PhD,‡
Vicki Morton-Bailey, DNP, MSN, AGNP-BC,§ Solomon Aronson, MD, MBA, FASA, FACC, FCCP, FAHA, FASE,||
Charles Scott Brudney, MC, ChB,¶ and Elliott Bennett-Guerrero, MD,† on behalf of the Perioperative
Quality Initiative (POQI-8) and the Enhanced Recovery After Surgery-Cardiac Society (ERAS-C) Investigators

Restrictive or Liberal Red-Cell Transfusion for Cardiac Surgery

C.D. Mazer, R.P. Whitlock, D.A. Fergusson, J. Hall, E. Belley-Cote, K. Connolly, B. Khanykin, A.J. Gregory, É. de Médicis, S. McGuinness, A. Royse, F.M. Carrier, P.J. Young, J.C. Villar, H.P. Grocott, M.D. Seeberger, S. Fremes, F. Lellouche, S. Syed, K. Byrne, S.M. Bagshaw, N.C. Hwang, C. Mehta, T.W. Painter, C. Royse, S. Verma, G.M.T. Hare, A. Cohen, K.E. Thorpe, P. Jüni, and N. Shehata, for the TRICS Investigators and Perioperative Anesthesia Clinical Trials Group*

DOI: 10.1056/NEJMoa1711818

Table 3. Primary and Secondary Outcomes in the Per-Protocol Population.

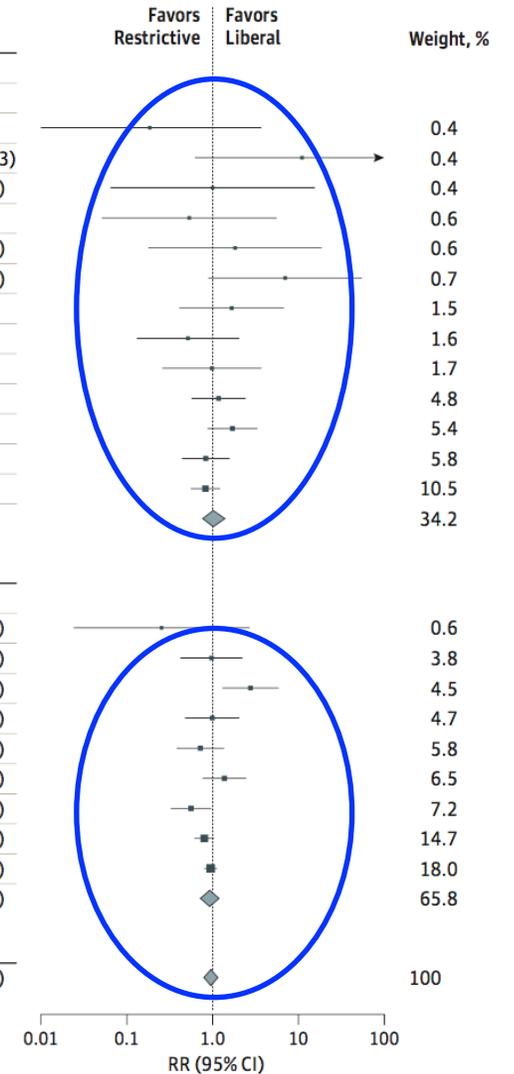
Characteristic	Restrictive Threshold (N = 2430)	Liberal Threshold (N = 2430)	Odds Ratio or Hazard Ratio (95% CI)
Primary outcome			
Composite-outcome event — no./total no. (%)	276/2428 (11.4)	303/2429 (12.5)	0.90 (0.76–1.07)
Death — no./total no. (%)	74/2427 (3.0)	87/2429 (3.6)	0.85 (0.62–1.16)
Stroke — no./total no. (%)	45/2428 (1.9)	49/2429 (2.0)	0.92 (0.61–1.38)
Myocardial infarction — no./total no. (%)	144/2428 (5.9)	144/2429 (5.9)	1.00 (0.79–1.27)
New-onset renal failure with dialysis — no./total no. (%)	61/2428 (2.5)	72/2429 (3.0)	0.84 (0.60–1.19)
Secondary outcomes			
Length of stay in ICU			
No. of patients with data	2422	2418	
Median — days	2.1	1.9	0.89 (0.84–0.94)*
Interquartile range — days	1.0–4.0	1.0–3.9	
Length of stay in hospital			
No. of patients with data	2419	2419	
Median — days	8.0	8.0	0.93 (0.88–0.99)*
Interquartile range — days	7.0–13.0	7.0–12.0	
Duration of mechanical ventilation			
No. of patients with data	2416	2421	
Median — days	0.38	0.36	0.94 (0.89–1.00)*
Interquartile range — days	0.22–0.75	0.22–0.71	
Prolonged low-output state — no./total no. (%)†	994/2429 (40.9)	987/2430 (40.6)	1.01 (0.90–1.14)
Infection — no./total no. (%)	121/2428 (5.0)	101/2429 (4.2)	1.21 (0.92–1.58)
Bowel infarction — no./total no. (%)	6/2428 (0.2)	5/2429 (0.2)	1.20 (0.37–3.94)
Acute kidney injury — no./total no. (%)	792/2332 (34.0)	797/2348 (33.9)	1.00 (0.89–1.13)
Seizure — no./total no. (%)	50/2428 (2.1)	42/2429 (1.7)	1.20 (0.79–1.81)
Delirium — no./total no. (%)	306/2428 (12.6)	264/2429 (10.9)	1.18 (0.99–1.41)
Encephalopathy — no./total no. (%)	26/2428 (1.1)	22/2429 (0.9)	1.18 (0.67–2.10)

Clinical Practice Guidelines From the AABB

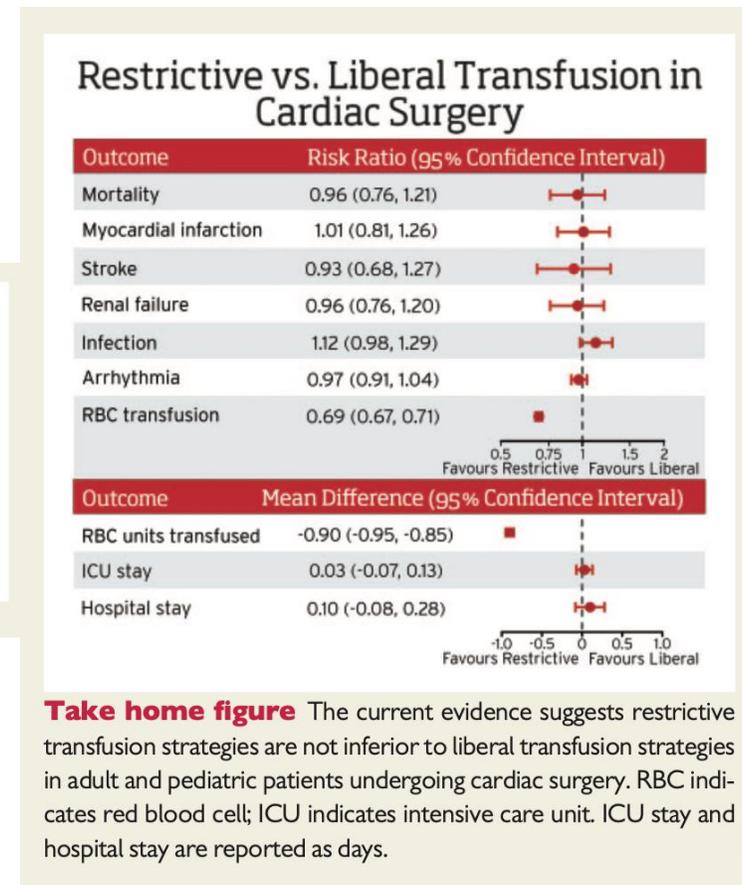
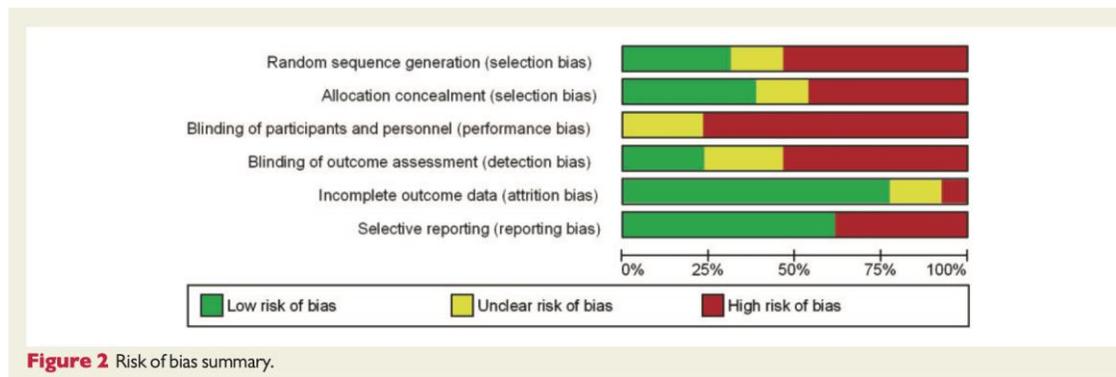
Red Blood Cell Transfusion Thresholds and Storage

Jeffrey L. Carson, MD; Gordon Guyatt, MD; Nancy M. Heddle, MSc; Brenda J. Grossman, MD, MPH; Claudia S. Cohn, MD, PhD; Mark K. Fung, MD, PhD; Terry Gernsheimer, MD; John B. Holcomb, MD; Lewis J. Kaplan, MD; Louis M. Katz, MD; Nikki Peterson, BA; Glenn Ramsey, MD; Sunil V. Rao, MD; John D. Roback, MD, PhD; Aryeh Shander, MD; Aaron A. R. Tobian, MD, PhD

Source	Restrictive Transfusion Threshold		Liberal Transfusion Threshold		RR (95% CI)
	No. of Deaths	Total No.	No. of Deaths	Total No.	
Restrictive threshold, hemoglobin <8 to 9 g/dL					
Lotke et al, ⁷⁵ 1999	0	62	0	65	Not estimable
Blair et al, ⁵³ 1986	0	26	2	24	0.19 (0.01-3.67)
Foss et al, ⁶³ 2009	5	60	0	60	11.00 (0.62-194.63)
Carson et al, ⁵⁸ 1998	1	42	1	42	1.00 (0.06-15.47)
Webert et al, ⁸⁶ 2008	1	29	2	31	0.53 (0.05-5.58)
Cooper et al, ⁶¹ 2011	2	23	1	21	1.83 (0.18-18.70)
Carson et al, ⁵⁶ 2013	7	55	1	55	7.00 (0.89-55.01)
Parker, ⁷⁸ 2013	5	100	3	100	1.67 (0.41-6.79)
Bracey et al, ⁵⁴ 1999	3	215	6	222	0.52 (0.13-2.04)
Bush et al, ⁵⁵ 1997	4	50	4	49	0.98 (0.26-3.70)
Hajjar et al, ⁶⁸ 2010	15	249	13	253	1.17 (0.57-2.41)
Gregersen et al, ⁶⁴ 2015	21	144	12	140	1.70 (0.87-3.32)
Jairath et al, ⁷² 2015	14	257	25	382	0.83 (0.44-1.57)
Carson et al, ⁶⁰ 2011	43	1009	52	1007	0.83 (0.56-1.22)
Subtotal	121	2321	122	2451	1.05 (0.78-1.40)
Heterogeneity: $\tau^2=0.02$; $\chi^2_{12}=13.14$; $P=.36$; $I^2=9\%$ Tests for overall effect: z score=0.31; $P=.76$					
Restrictive threshold, hemoglobin <7 g/dL					
DeZern et al, ⁸⁷ 2016	1	59	2	30	0.25 (0.02-2.69)
Hébert et al, ⁷⁰ 1995	8	33	9	36	0.97 (0.42-2.22)
de Almeida et al, ⁷⁹ 2015	23	101	8	97	2.76 (1.30-5.87)
Lacroix et al, ⁷⁴ 2007	14	320	14	317	0.99 (0.48-2.04)
Walsh et al, ⁸⁵ 2013	12	51	16	49	0.72 (0.38-1.36)
Murphy et al, ⁷⁶ 2015	26	1000	19	1003	1.37 (0.76-2.46)
Villanueva et al, ⁸⁴ 2013	19	416	34	417	0.56 (0.32-0.97)
Hébert et al, ⁶⁹ 1999	78	418	98	420	0.80 (0.61-1.04)
Holst et al, ⁷¹ 2014	168	502	175	496	0.95 (0.80-1.13)
Subtotal	349	2900	375	2865	0.94 (0.74-1.19)
Heterogeneity: $\tau^2=0.05$; $\chi^2_8=16.09$; $P=.04$; $I^2=50\%$ Tests for overall effect: z score=0.53; $P=.59$					
Overall	470	5221	497	5316	0.97 (0.81-1.16)
Heterogeneity: $\tau^2=0.04$; $\chi^2_{21}=29.75$; $P=.10$; $I^2=29\%$ Tests for overall effect: z score=0.29; $P=.77$ Tests for subgroup differences: $\chi^2_1=0.34$; $P=.56$; $I^2=0\%$					



Restrictive compared with liberal red cell transfusion strategies in cardiac surgery: a meta-analysis





ESC

European Society
of Cardiology

European Heart Journal (2019) **40**, 1081–1088

doi:10.1093/eurheartj/ehy435

META-ANALYSIS

Cardiovascular surgery

Restrictive compared with liberal red cell transfusion strategies in cardiac surgery: a meta-analysis

Nadine Shehata¹, Nikhil Mistry², Bruno R. da Costa^{3,4}, Tiago V. Pereira³, Richard Whitlock⁵, Gerard F. Curley⁶, David A. Scott⁷, Gregory M.T. Hare⁸, Peter Jüni⁹, and C. David Mazer^{8*}

Transfusion thresholds for guiding red blood cell transfusion (Review)

Carson JL, Stanworth SJ, Dennis JA, Trivella M, Roubinian N, Fergusson DA, Triulzi D, Dorée C, Hébert PC

Carson JL, Stanworth SJ, Dennis JA, Trivella M, Roubinian N, Fergusson DA, Triulzi D, Dorée C, Hébert PC.
Transfusion thresholds for guiding red blood cell transfusion.
Cochrane Database of Systematic Reviews 2021, Issue 12. Art. No.: CD002042.
DOI: 10.1002/14651858.CD002042.pub5.

Is it safe to use lower blood counts (haemoglobin levels) as a trigger for blood transfusion in order to give fewer blood transfusions?

- There is no evidence that giving blood transfusions to patients with lower blood counts (haemoglobin levels of 7.0 g/dL to 8.0 g/dL) compared to higher blood counts (9.0 g/dL to 10.0 g/dL) affects risks of death, heart attack, myocardial infarction, stroke, pneumonia, blood clots or infection.
- Giving blood only to patients with lower blood counts (7.0 g/dL to 8.0 g/dL) would reduce the amount of blood transfused substantially. It would also reduce the risk of unnecessary transfusions (transfusions can have harmful effects).

Clinical Practice Guidelines From the AABB

Red Blood Cell Transfusion Thresholds and Storage

Jeffrey L. Carson, MD; Gordon Guyatt, MD; Nancy M. Heddle, MSc; Brenda J. Grossman, MD, MPH; Claudia S. Cohn, MD, PhD; Mark K. Fung, MD, PhD; Terry Gernsheimer, MD; John B. Holcomb, MD; Lewis J. Kaplan, MD; Louis M. Katz, MD; Nikki Peterson, BA; Glenn Ramsey, MD; Sunil V. Rao, MD; John D. Roback, MD, PhD; Aryeh Shander, MD; Aaron A. R. Tobian, MD, PhD

Recommendations

First Recommendation

The AABB recommends a restrictive RBC transfusion threshold in which the transfusion is not indicated until the hemoglobin level is **7 g/dL for hospitalized adult patients who are hemodynamically stable, including critically ill patients**, rather than a liberal threshold when the hemoglobin level is 10 g/dL (strong recommendation, moderate quality evidence). **For patients undergoing orthopedic surgery or cardiac surgery and those with preexisting cardiovascular disease, the AABB recommends a restrictive RBC transfusion threshold (hemoglobin level of 8 g/dL; strong recommendation, moderate quality evidence)**. The restrictive hemoglobin transfusion threshold of 7 g/dL is likely comparable with 8 g/dL, but RCT evidence is not available for all patient categories. These recommendations apply to all but the following conditions for which the evidence is insufficient for any recommendation: acute coronary syndrome, severe thrombocytopenia (patients treated for hematological or oncological disorders who at risk of bleeding), and chronic transfusion-dependent anemia.

**Transfusion thresholds for guiding red blood cell transfusion
(Review)**

Carson JL, Stanworth SJ, Dennis JA, Trivella M, Roubinian N, Fergusson DA, Triulzi D, Dorée C, Hébert PC

Carson JL, Stanworth SJ, Dennis JA, Trivella M, Roubinian N, Fergusson DA, Triulzi D, Dorée C, Hébert PC.
Transfusion thresholds for guiding red blood cell transfusion.
Cochrane Database of Systematic Reviews 2021, Issue 12. Art. No.: CD002042.
DOI: 10.1002/14651858.CD002042.pub5.

Authors' conclusions—The existing evidence supports the use of restrictive transfusion triggers in most patients, including those with pre-existing cardiovascular disease. As there are no trials, the effects of restrictive transfusion triggers in high-risk groups, such as acute coronary syndrome, need to be tested in further large clinical trials. In countries with inadequate screening of donor blood, the data may constitute a stronger basis for avoiding transfusion with allogeneic red cells.

Transfusion Requirements in Surgical Oncology Patients

A Prospective, Randomized Controlled Trial

Pinheiro de Almeida *et al.*

Anesthesiology 2015; 122:29-38

Another possible explanation for the different finding is that patients with cancer receiving restrictive transfusions may be more susceptible to altered oxygen delivery and impaired tissue oxygenation during the postoperative period, leading to higher rates of complications and death. Jhanji *et al.*²² reported that patients having major abdominal surgery who had impaired microvascular flow after surgery experienced a higher rate of postoperative complications than did patients with normal microvascular flow (measured with sublingual capillaroscopy).

Transfusion Requirements in Surgical Oncology Patients

A Prospective, Randomized Controlled Trial

Pinheiro de Almeida *et al.*
Anesthesiology 2015; 122:29-38

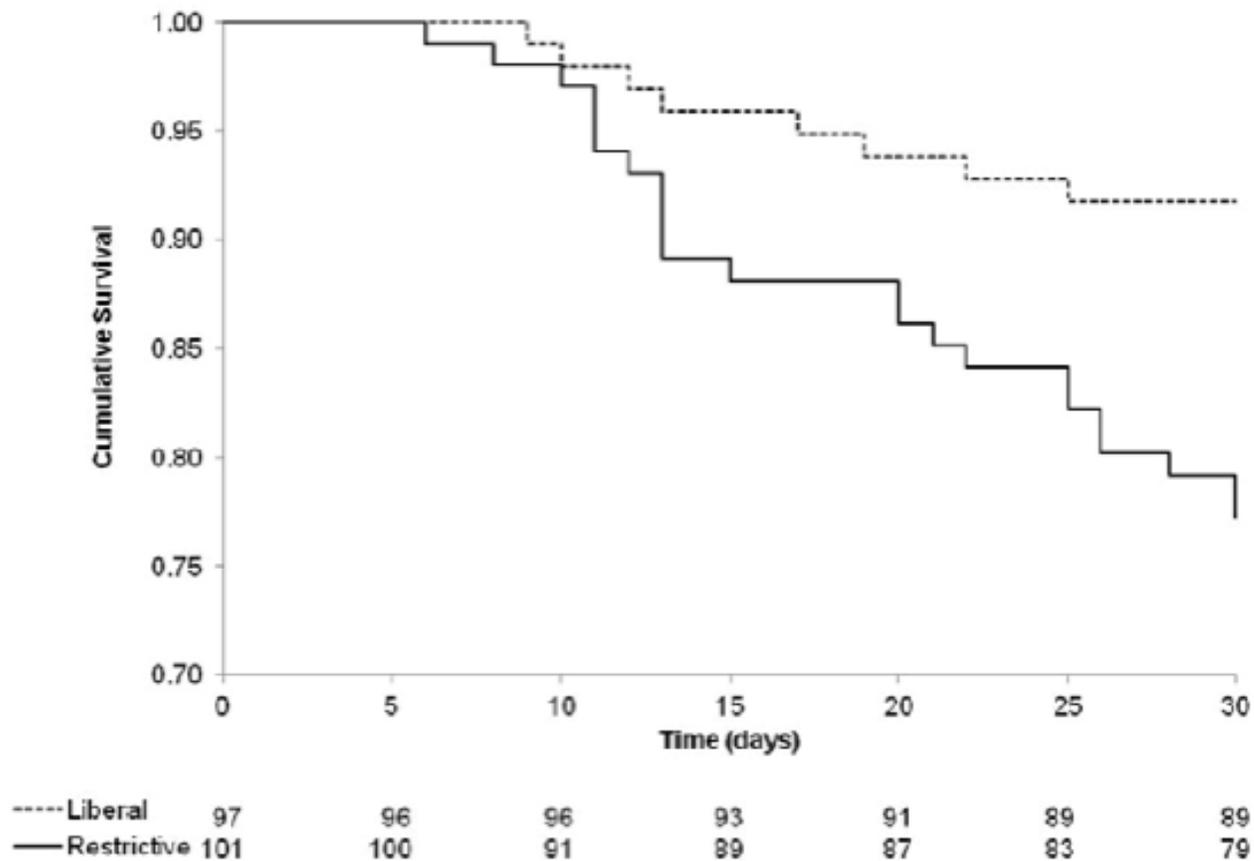


Fig. 2. Kaplan–Meier curves showing the probability of 30-day survival in patients randomized to a restrictive strategy of erythrocyte transfusion (transfusion when hemoglobin concentration <7 g/dl) and those randomized to a liberal strategy (transfusion when hemoglobin concentration <9 g/dl). The *P* value was calculated with the use of the log-rank test.

INAPPROPRIATEZZA

Intraoperative transfusion practices in Europe

J. Meier^{1,*}, D. Filipescu², S. Kozek-Langenecker³, J. Llau Pitarch⁴, S. Mallett⁵,
P. Martus⁶ and I. Matot⁷ and the ETPOS collaborators

¹Clinic of Anesthesiology and Intensive Care Medicine, Faculty of Medicine of the Kepler University Linz, Linz, Austria, ²Emergency Institute of Cardiovascular Disease, University Bucharest, Bucharest, Romania, ³Department of Anesthesiology and Intensive Care Medicine, EKH Evangelic Hospital Vienna, Vienna, Austria, ⁴Department of Anesthesiology and Intensive Care Medicine, Hospital Clínico Universitario de Valencia, Valencia, Spain, ⁵Department of Anesthesiology, Royal Free Hospital Hampstead NHS Trust, London, UK, ⁶Clinical Epidemiology, Eberhard Karls University Tübingen, Tübingen, Germany, and ⁷Department of Anesthesiology & Intensive Care Medicine & Pain, Tel Aviv Medical Centre, Tel Aviv, Israel

British Journal of Anaesthesia, 116 (2): 255–61 (2016)

doi: 10.1093/bja/aev456

Clinical Practice

Intraoperative transfusion practices in Europe

J. Meier^{1,*}, D. Filipescu², S. Kozek-Langenecker³, J. Llau Pitarch⁴, S. Mallett⁵, P. Martus⁶ and I. Matot⁷ and the ETPOS collaborators

British Journal of Anaesthesia, 116 (2): 255–61 (2016)

Editor's key points

- There is marked variation in blood transfusion practices.
- Most transfusions given intraoperatively are for hypotension or other indicators of tissue hypoperfusion.
- A transfusion threshold or trigger is less relevant in the intraoperative setting.
- Single unit red cell transfusions should be used more often.

Appropriateness of Allogeneic Red Blood Cell Transfusion: The International Consensus Conference on Transfusion Outcomes

Aryeh Shander, Arlene Fink, Mazyar Javidroozi, Jochen Erhard, Shannon L. Farmer, Howard Corwin, Lawrence Tim Goodnough, Axel Hofmann, James Isbister, Sherri Ozawa, and Donat R. Spahn, for the International Consensus Conference on Transfusion Outcomes Group

doi:10.1016/j.tmr.2011.02.001

TRASFUSIONI DI GRC:

Appropriate 11,8%

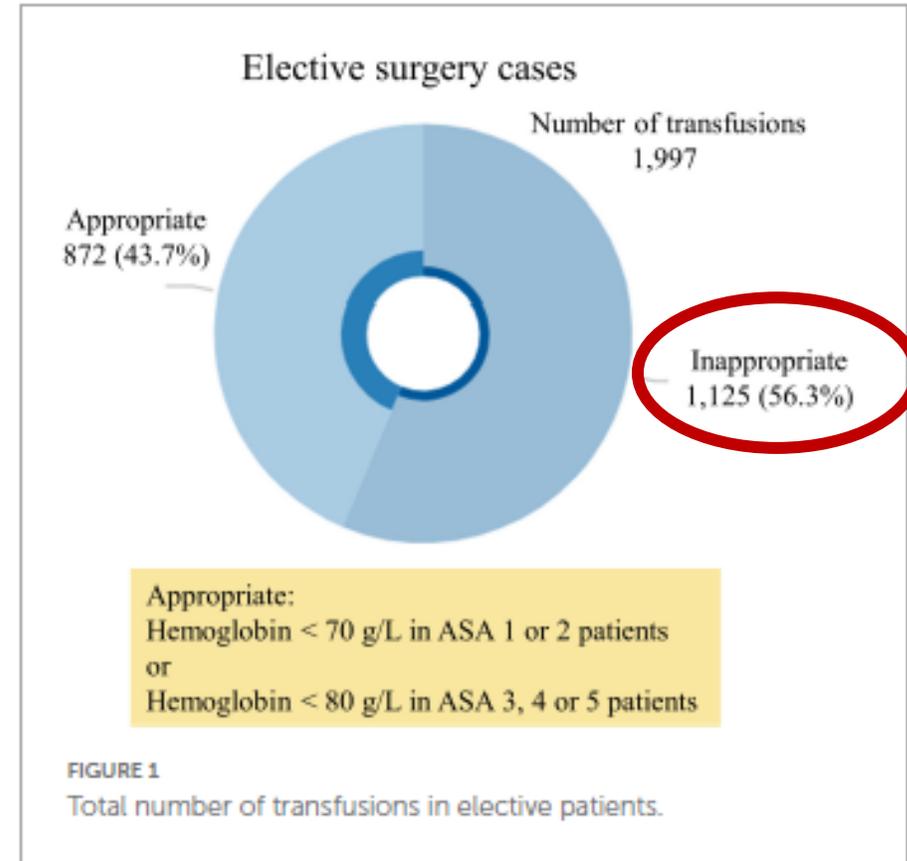
Inappropriate 59,3%

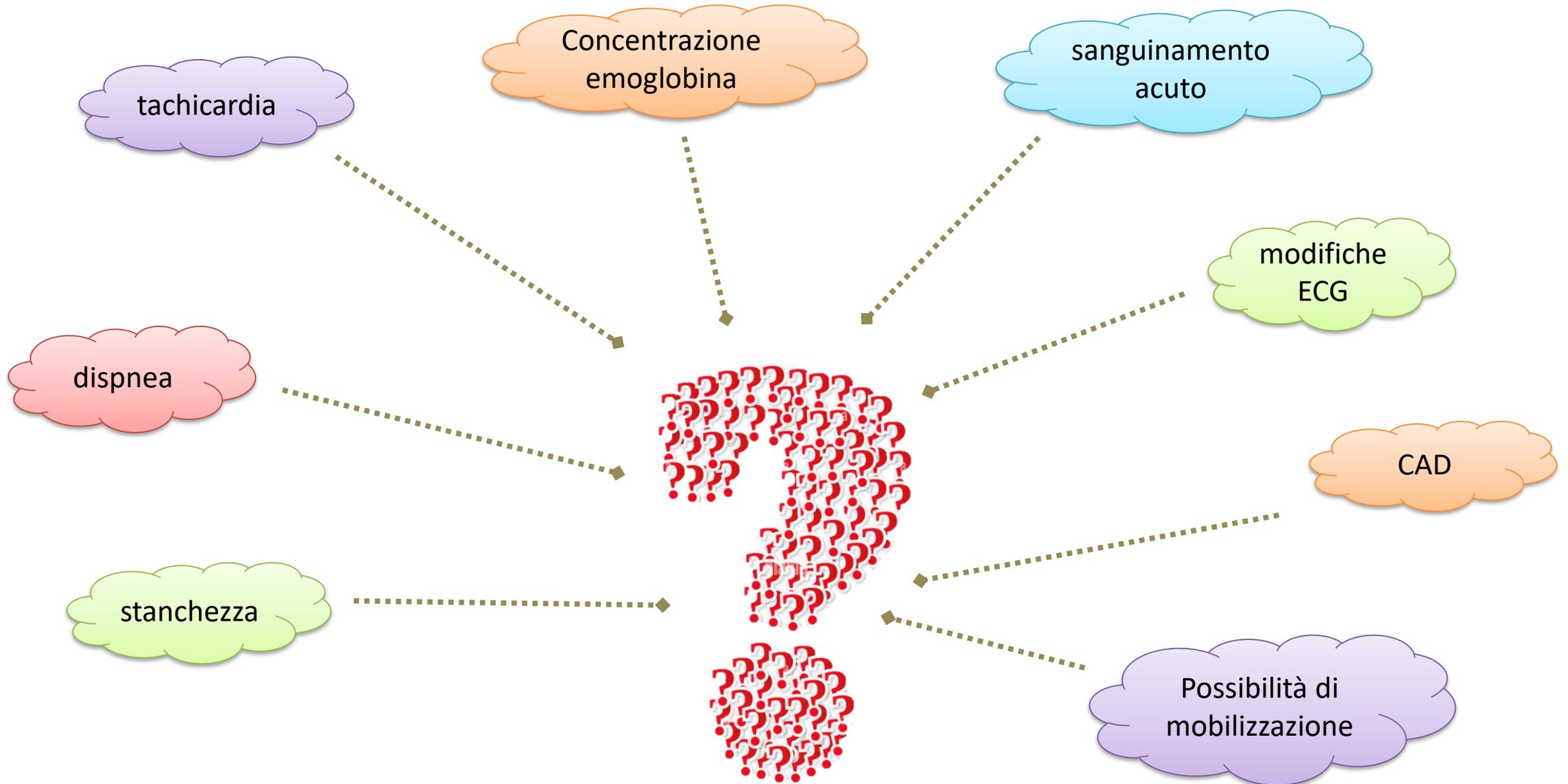
Uncertain 28,9%

Perioperative inappropriate red blood cell transfusions significantly increase total costs in elective surgical patients, representing an important economic burden for hospitals

Andrea Saporito^{1,2}, Davide La Regina^{1,3}, Axel Hofmann^{4,5}, Lorenzo Ruinelli⁶, Alessandro Merler⁶, Francesco Mongelli^{1,3*}, Kevin M. Trentino⁵ and

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RESEARCH

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Transfusion practice in the non-bleeding critically ill: an international online survey—the TRACE survey



Sanne de Bruin^{1,2}, Thomas W. L. Scheeren³, Jan Bakker^{4,5,6}, Robin van Bruggen², Alexander P. J. Vlaar^{1*}

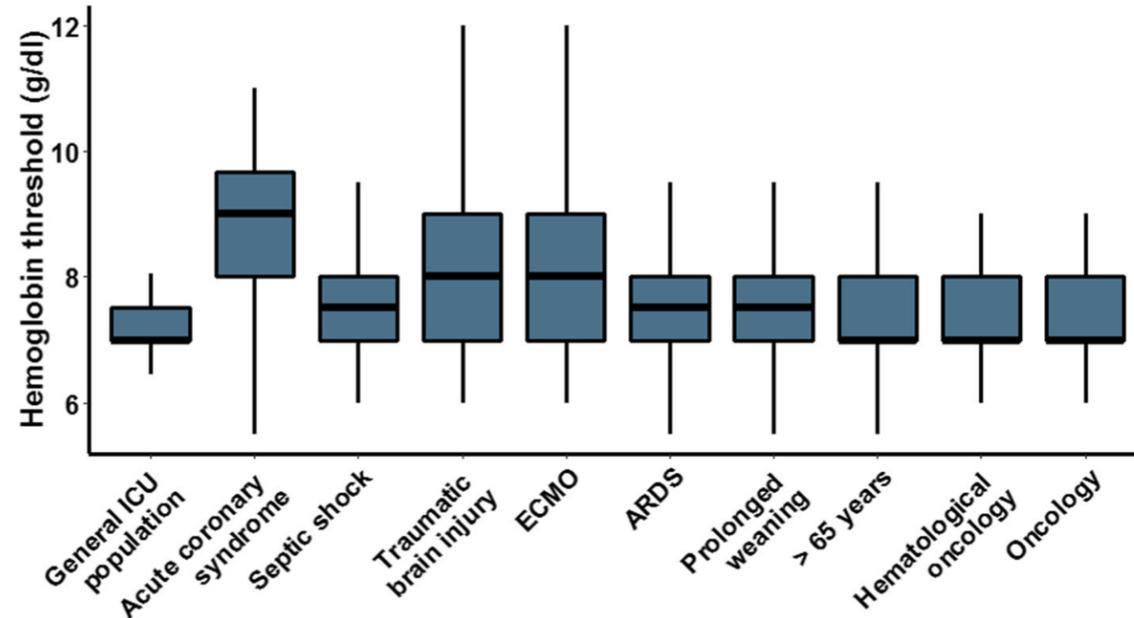


Fig. 1 Respondents were asked which Hb threshold they used for RCC transfusion in the general ICU population and different subpopulations. Respondents used in the general population a Hb threshold of 7.0 g/dL (7.0–7.5). This is significantly lower ($p < 0.001$) compared to patients with acute coronary syndrome (9.0 g/dL (8–9.7)), septic shock (7.5 g/dL (7.0–8.0)), acute brain injury (8.0 g/dL (7.0–9.0)), patients undergoing ECMO (8.0 (7.0–9.0) g/dL), issues of prolonged weaning (7.5 g/dL (7.0–8.0)), or patients with ARDS (7.5 g/dL (7.0–8.0)). No statistical differences were observed between the general ICU population and patients older than 65 years and patients with (haematological) oncology (all three groups were transfused at a Hb threshold of 7.0 g/dL (7.0–7.5))

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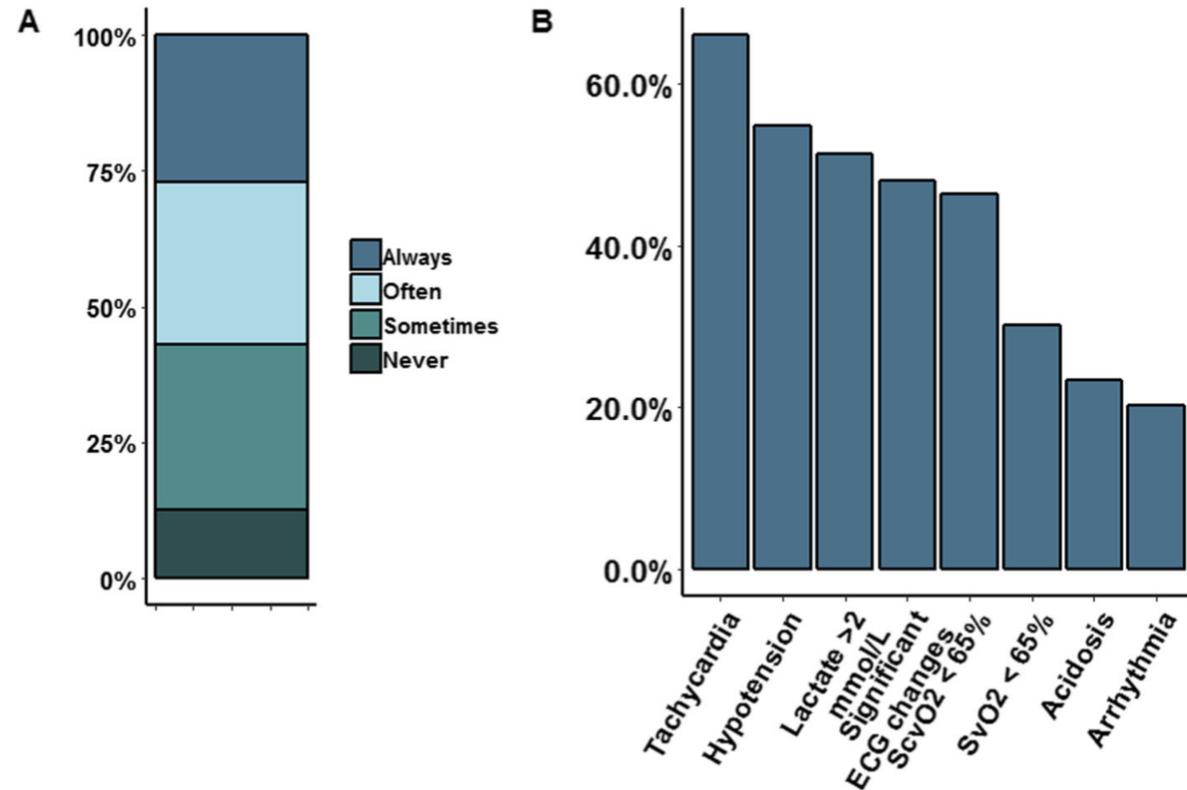


Fig. 2 a, b The use of transfusion triggers in addition to a haemoglobin threshold

Optimizziamo il Delivery



$$DO_2 = CaO_2 \times CO$$
$$DO_2 = [(1.34 \times SaO_2 \times [Hb]) + paO_2 \times 0,003] \times FC \times SV$$

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Elena Spinelli, MD¹ and Robert H. Bartlett, MD¹

Abstract

Objective: The objective of this report is to review the physiology and management of anemia in critical care. Selected publications on physiology and transfusion related to anemia and critical care, including the modern randomized trials of conservative versus liberal transfusion policy, were used. Anemia is compensated and tolerated in most critically ill patients as long as oxygen delivery is at least twice oxygen consumption. There are risks to blood transfusion which can be minimized by blood banking practice. The availability of cultured red cells may allow correction of anemia without significant risk. The benefit of transfusion in anemia must be weighted against the risk in any specific patient. **Conclusion and Recommendation:** In a critically ill patient, anemia should be managed to avoid oxygen supply dependency (oxygen delivery less than twice consumption) and to maintain moderate oxygen delivery reserve ($DO_2/VO_2 > 3$).

Keywords

anemia, transfusion, critical care

Quali altri triggers ?

Best practice in critical care: anaemia in acute and critical illness

A. B. Docherty,¹ A. F. Turgeon² & T. S. Walsh¹

¹Department of Anaesthesia, Critical Care and Pain Medicine, University of Edinburgh, Edinburgh, UK, and ²CHU de Québec-Université Laval, Quebec, Canada

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MEASUREMENT OF OXYGEN DELIVERY

We have no accurate way to measure oxygen delivery. At present, arterial oxygen saturation and PaO₂ remain the principal clinical measures of arterial hypoxaemia. Mixed venous oxygen tension approximates to mean tissue oxygen tension and is useful to detect global decreases in tissue perfusion. However, normal mixed venous oxygen tension does not rule out regional inadequate oxygen delivery, and in fact, both low and elevated measurements are associated with a poor outcome in septic patients (De Backer & Durand, 2014). Blood lactate is frequently used in combination with these measurements as a surrogate measure of tissue hypoxia: inadequate cellular oxygenation results in anaerobic metabolism and production of lactic acid. However, lactate has a poor sensitivity and specificity to detect microcirculatory alterations (De Backer *et al.*, 2013).

Oxygen consumption is a potential surrogate measure, as this falls when delivery can no longer meet metabolic demand. This critical value of oxygen delivery was estimated as 8.2 mL⁻¹ min⁻¹ kg⁻¹ (Shibutani *et al.*, 1983), and hypoxia is suggested if oxygen consumption falls below this value. Although potentially possible in a controlled setting, there are too many uncontrolled factors that can impact oxygen consumption in the clinical setting to reliably detect the fall due to inadequate delivery. In addition, direct measurement is difficult.

Gastric tonometry measures the partial pressure of CO₂ in the stomach. When the perfusion of gastric mucosa is reduced, CO₂ accumulates, and this can be used in combination with systemic bicarbonate concentrations to evaluate the adequacy of gastrointestinal mucosal perfusion (Deschamps *et al.*, 2016). Trials have used this to guide inotropic/vasopressor therapy and

In summary, currently available technologies for assessing oxygen delivery and/or tissue oxygenation lack sufficient precision and discriminant value to guide blood transfusions in routine clinical practice.

Near-infrared spectroscopy (NIRS) uses near-infrared light to compare the ratio of oxygenated to deoxygenated Hb, resulting in an indirect measure of tissue oxygenation (StO₂). It has been mainly used in cardiac surgery (Edmonds & Jr., 2006) and neonatal (Plomgaard *et al.*, 2016) and paediatric intensive care, and there is now increased interest in exploring its use in sepsis and neurocritical care (Messerer *et al.*, 2012). There is significant intra- and inter-patient variability in the estimation of tissue oxygenation using NIRS. StO₂ values are mostly determined by venous HbO₂ saturation, and this proportion varies between underlying conditions – in haemorrhage, e.g. the venous oxygenation component is significantly reduced. NIRS is unable to account for tissue perfusion heterogeneity, so the interpretation of StO₂ is difficult as it does not represent capillary or mixed venous saturation. There is heterogeneity among studies assessing NIRS in the ICU (Green *et al.*, 2016). At present, NIRS is not used routinely in adult general ICUs.

The clinical utility of an index of global oxygenation for guiding red blood cell transfusion in cardiac surgery.

Orlov D¹, O'Farrell R, McCluskey SA, Carroll J, Poonawala H, Hozhabri S, Karkouti K.

TABLE 3. Hb concentrations and O₂ERs

	Transfusion episodes (n = 62)*		p Value
	Baseline O ₂ ER >30% (n = 27)	Baseline O ₂ ER ≤ 30% (n = 35)	
Hb concentration (g/L)			
Before transfusion	78.1 ± 7.6 (27)	78.3 ± 16.7 (35)	NS
After transfusion			
15 min	87.0 ± 8.3 (20)	88.5 ± 22.3 (30)	NS
2 hr	86.8 ± 8.94 (19)	87.5 ± 19.6 (32)	NS
Change from baseline			
15 min	+9.24 ± 11.7 (20)	+10.8 ± 9.3 (30)	NS
2 hr	+9.51 ± 12.4 (19)	+9.46 ± 9.4 (32)	NS
O ₂ ER (%)			
Before transfusion	39.8 ± 9.0 (27)	23.1 ± 4.9 (35)	<0.001
After transfusion			
15 min	33.4 ± 10.2 (20)	23.9 ± 7.8 (26)	<0.001
2 hr	33.3 ± 9.1 (17)	24.7 ± 8.2 (30)	0.001
Change from baseline			
15 min	-5.2 ± 7.8 (20)	+0.7 ± 5.8 (26)	0.004
2 hr	-3.8 ± 8.0 (17)	+1.4 ± 7.0 (30)	0.02

* Data are reported as mean ± SD. Data were not available for all measures; the number of episodes used for each analysis is shown in parentheses. NS = not significant.



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ET DE RÉANIMATION

Article original

Apport de la saturation veineuse centrale en oxygène dans la décision transfusionnelle postopératoire

Contribution of central venous oxygen saturation in postoperative blood transfusion decision

S. Adamczyk, E. Robin, O. Barreau, M. Fleyfel, B. Tavernier, G. Lebuffe, B. Vallet*

Fédération d'anesthésie-réanimation, CHU de Lille, rue Polonovski, 59037 Lille, France

Reçu le 7 septembre 2008 ; accepté le 25 mars 2009

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ScVO₂ >70%

- 54.4% trasfusioni in guidelines, → trasfusi in eccesso

ScVO₂ <70%

- 13 pz trasfusioni off guidelines → buon risultato



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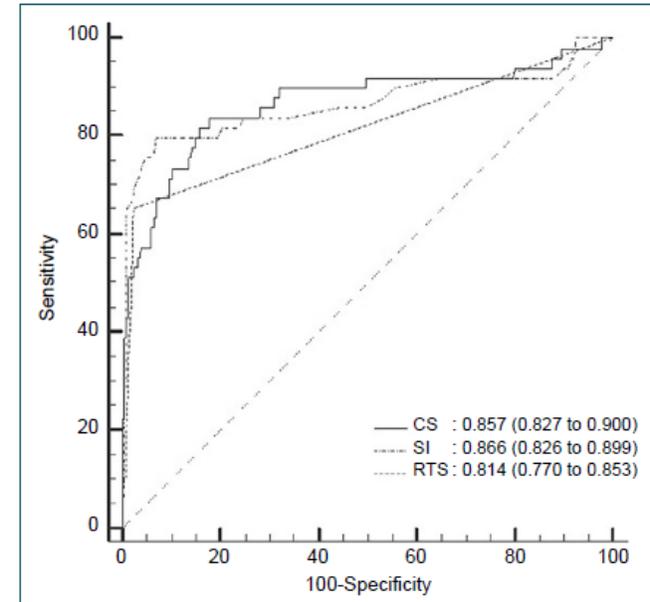
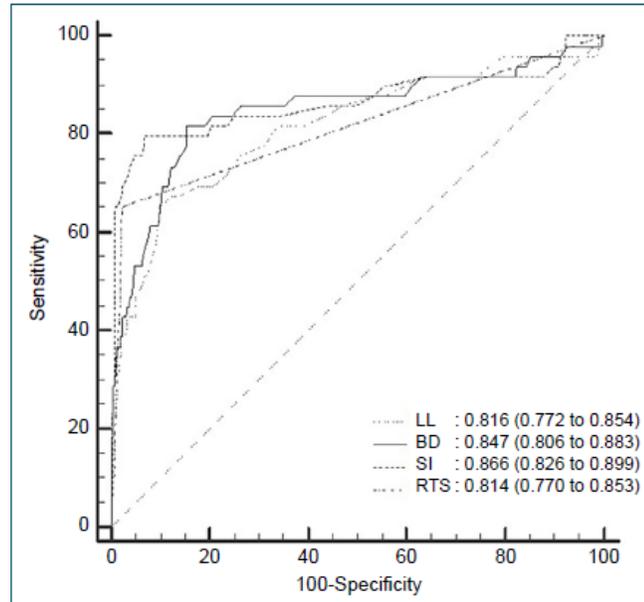
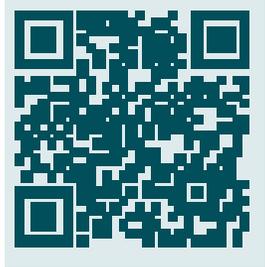
Clinical implications of using non-invasive haemoglobin monitoring for red blood cell transfusion decision in hip arthroplasty

Cristiana Campos^a, José Calheiros^a, Matthias Kreuzer^b, Raquel Fernandes^a, Carla Pinto^a, Manuel Seabra^a, Sérgio Vide^{a,*}



Lactate and base deficit combination score for predicting blood transfusion need in blunt multi-trauma patients

Engin Ozakin, M.D.,¹ Nazli Ozcan Yazlamaz, M.D.,¹ Filiz Baloglu Kaya, M.D.,¹
Mustafa Emin Canakci, M.D.,¹ Muzaffer Bilgin, M.D.²



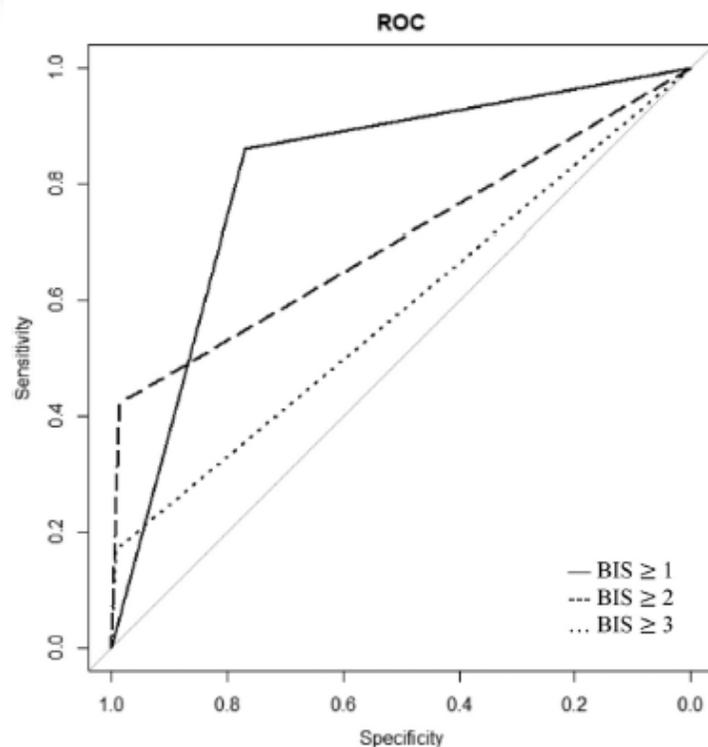
In our study, lactate and BD measurements were well correlated with physiological, laboratory, SI and RTS. Furthermore, univariate analysis showed that SI, lactate and BD measurements are effective in predicting the need for blood transfusion.

The interesting point of our study is the threshold value determined by CS may be more valuable than the single measurements of SI, RTS, lactate and BD in determining the need for blood transfusion.



Novel tool (BIS) heralds the need for blood transfusion and/or failure of non-operative management in pediatric blunt liver and spleen injuries

Jenny Stevens^{a,b,*}, Ryan Phillips^{a,b}, Maxene Meier^c, Marina L Reppucci^{a,b}, Shannon Acker^a, Niti Shahi^{a,b}, Gabrielle Shirek^{a,b}, Denis Bensard^{a,1}, Steven Moulton^{a,1}



Building on these encouraging findings, we developed the BIS score by combining SIPA with two easily measurable indicators of shock: base deficit (BD) and International Normalized Ratio (INR). This score combines measures of acidosis, coagulopathy, and hemodynamic reserve, all of which have independently been shown to predict the need for blood product transfusions in pediatric trauma patients. We initially evaluated the ability of the BIS score to predict massive transfusion (MT) and/or mortality in pediatric trauma patients at our institution. Our data demonstrated that this scoring system was highly sensitive for predicting both outcomes, and a BIS score ≥ 2 was the best predictor of both need for MT and mortality (sensitivity—98% with an area under the curve (AUC) of 0.81). This initial work is in the process of publication. The aim of the current study was to evaluate the ability of the BIS score to predict the need for blood product transfusions and/or failure of NOM in pediatric patients with BLSI. We hypothesize that the BIS score will be a sensitive predictor of both outcomes.

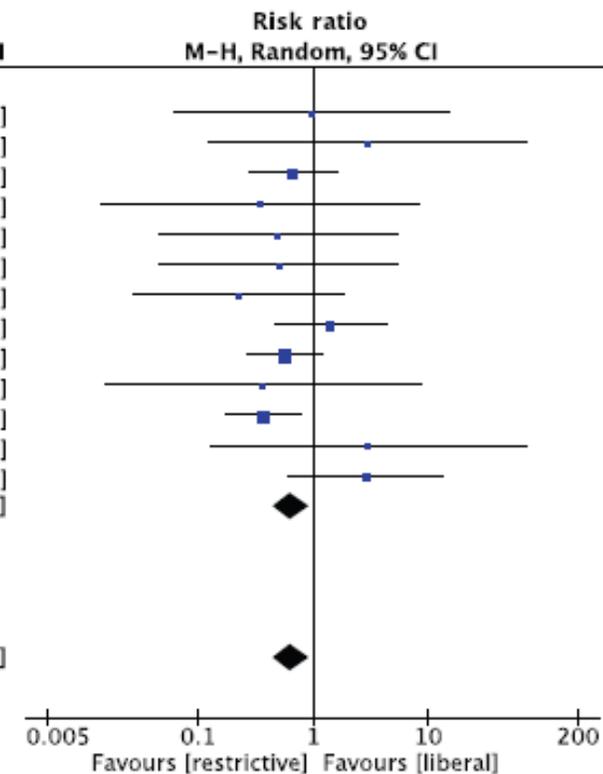
The novel BIS score is a highly sensitive bedside scoring tool that can identify pediatric trauma patients with BLSI at risk for blood product transfusions and/or failure of NOM. A BIS score ≥ 1 was the most sensitive predictor of both need for blood product transfusion and failure of NOM, while a BIS score ≥ 2 was the most specific for predicting both trauma outcomes. These findings demonstrate that children and adolescents with BLSI with concomitant shock, acidosis, and coagulopathy are more likely to require early blood product transfusions and are at risk of requiring surgical intervention.

Eventi tromboembolici

Impact of restrictive red blood cell transfusion strategy on thrombosis-related events: A meta-analysis and systematic review

Mairehaba Maimaitiming¹ | Chenxiao Zhang² | Jingui Xie^{3,4} | Zhichao Zheng² | Haidong Luo⁵ | Oon Cheong Ooi⁵

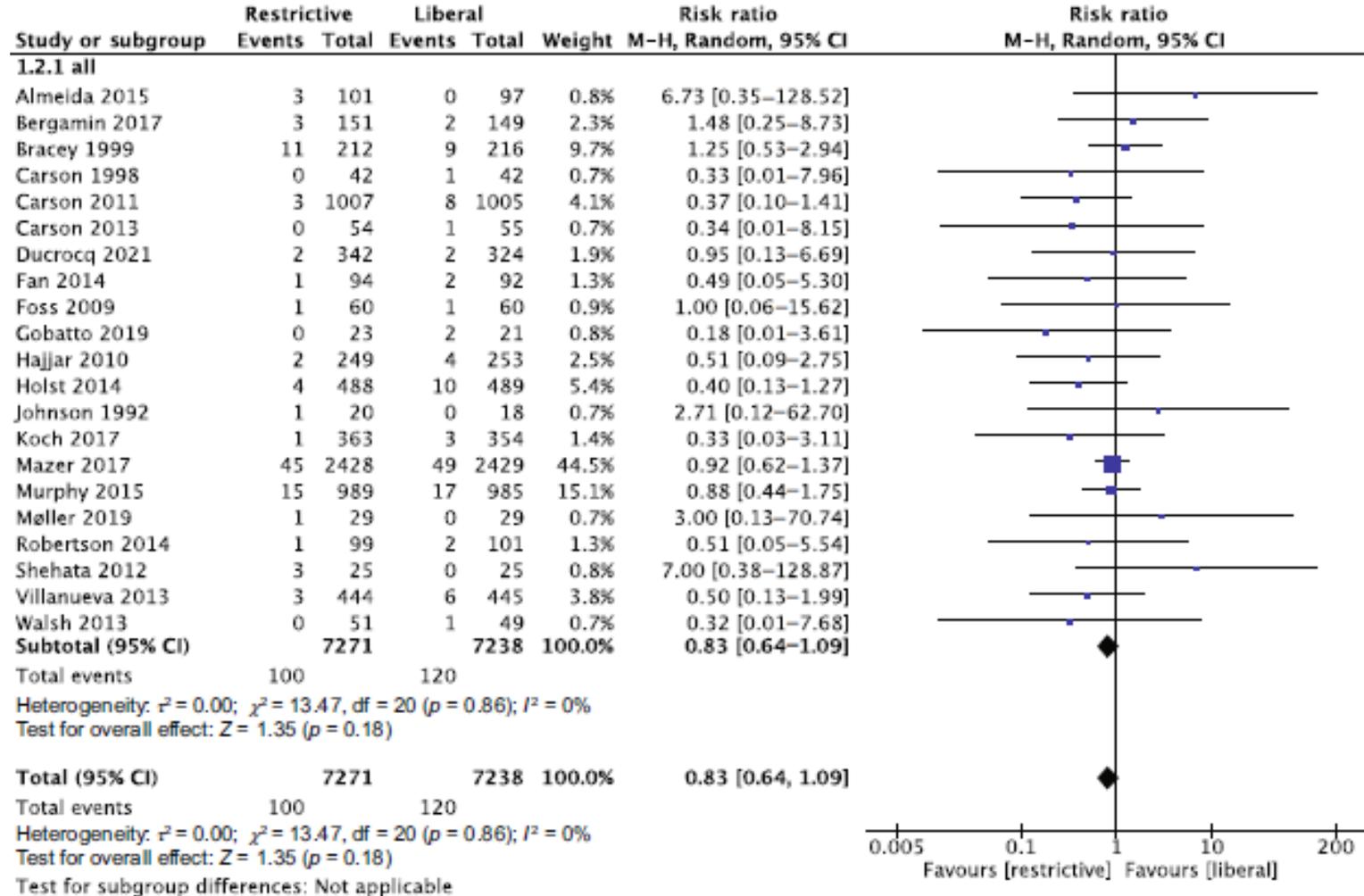
Study or subgroup	Restrictive		Liberal		Weight	Risk ratio M-H, Random, 95% CI
	Events	Total	Events	Total		
1.1.1 all						
Almeida 2015	1	101	1	97	1.9%	0.96 [0.06–15.14]
Carson 1998	1	42	0	42	1.4%	3.00 [0.13–71.61]
Carson 2011	8	1007	12	1005	17.8%	0.67 [0.27–1.62]
Carson 2013	0	54	1	55	1.4%	0.34 [0.01–8.15]
Fan 2014	1	94	2	92	2.5%	0.49 [0.05–5.30]
Foss 2009	1	60	2	60	2.5%	0.50 [0.05–5.37]
Gobatto 2019	1	23	4	21	3.2%	0.23 [0.03–1.88]
Grover 2006	7	109	5	109	11.3%	1.40 [0.46–4.28]
Jairath 2015	9	242	23	350	24.9%	0.57 [0.27–1.20]
Nielsen 2014	0	30	1	33	1.4%	0.37 [0.02–8.65]
Robertson 2014	8	99	22	101	24.4%	0.37 [0.17–0.79]
Shehata 2012	1	25	0	25	1.4%	3.00 [0.13–70.30]
Walsh 2013	6	51	2	49	5.9%	2.88 [0.61–13.60]
Subtotal (95% CI)		1937		2039	100.0%	0.65 [0.44–0.94]
Total events	44		75			
Heterogeneity: $\tau^2 = 0.00$; $\chi^2 = 10.79$, $df = 12$ ($p = 0.55$); $I^2 = 0\%$						
Test for overall effect: $Z = 2.28$ ($p = 0.02$)						
Total (95% CI)		1937		2039	100.0%	0.65 [0.44, 0.94]
Total events	44		75			
Heterogeneity: $\tau^2 = 0.00$; $\chi^2 = 10.79$, $df = 12$ ($p = 0.55$); $I^2 = 0\%$						
Test for overall effect: $Z = 2.28$ ($p = 0.02$)						
Test for subgroup differences: Not applicable						



Impact of restrictive red blood cell transfusion strategy on thrombosis-related events: A meta-analysis and systematic review

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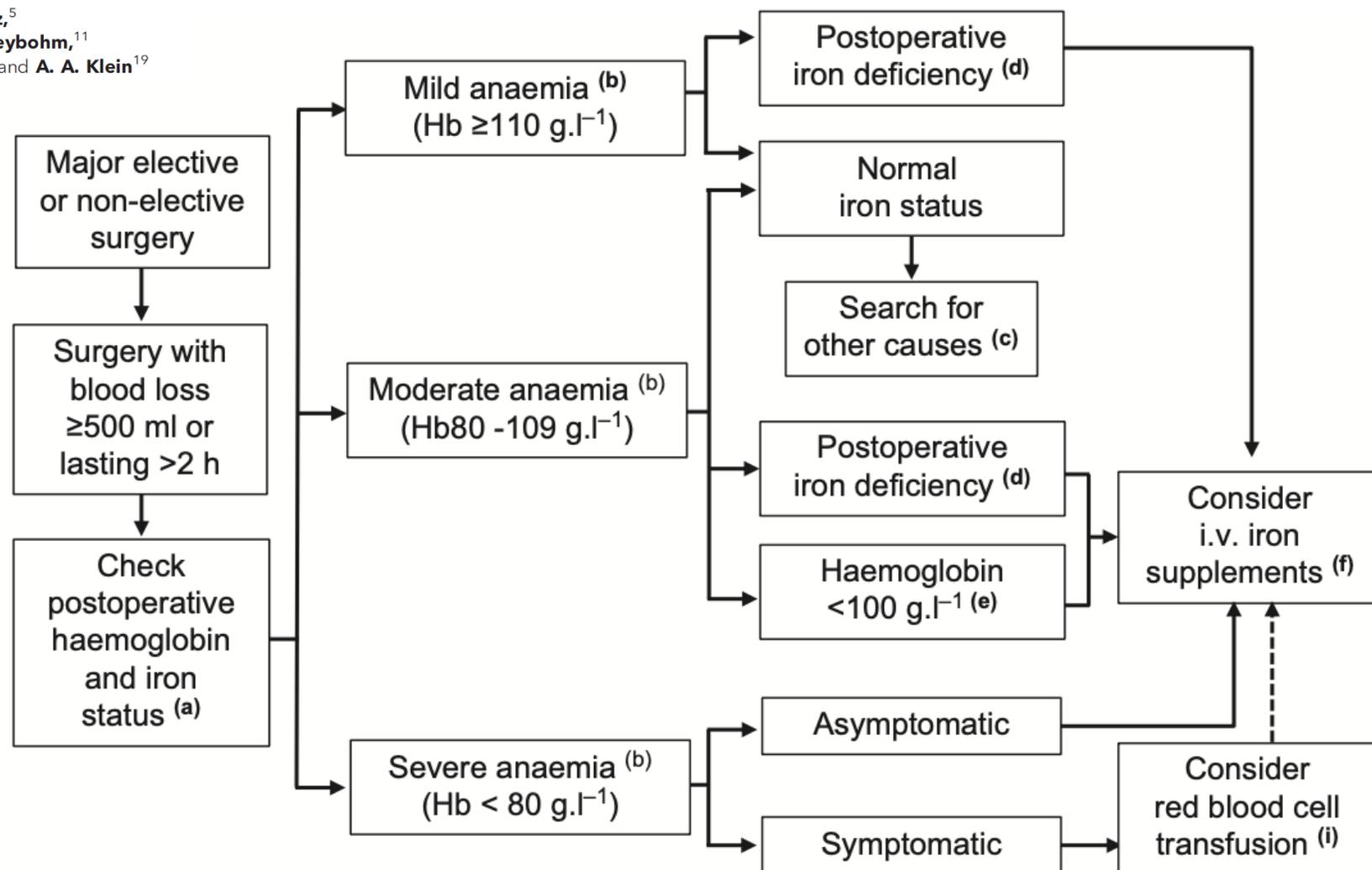
Eventi cerebrovascolari



Review Article

An international consensus statement on the management of postoperative anaemia after major surgical procedures

M. Muñoz,¹ A. G. Acheson,² E. Bisbe,³ A. Butcher,⁴ S. Gómez-Ramírez,⁵
 A. A. Khalafallah,^{6,7} H. Kehlet,⁸ S. Kietaihl,⁹ G. M. Liembruno,¹⁰ P. Meybohm,¹¹
 R. Rao Baikady,¹² A. Shander,^{13,14} C. So-Osman,^{15,16} D. R. Spahn^{17,18} and A. A. Klein¹⁹



Question 3: Do restrictive or liberal strategies have an impact on the postoperative complication rate or the length of hospital stay?

R5.3 – The experts suggest considering the individual clinical condition, the surgical risk and the balance between oxygen supply and tissue extraction of each patient rather than a theoretical transfusion threshold value.

EXPERT OPINION (STRONG AGREEMENT)

THANK YOU!

